

SHAPE America National Convention & Expo Submission Categories

Please review this list of submission categories and sub-categories prior to submitting your session to identify the category in which your session would best fit. Please note that there are different categories for presentation submissions and research abstracts.

Presentation Sessions:

- **Health Education** (to include health promotion such as staff wellness, self-care for educators, community health, etc.)
 - ***Access, Belonging & Community*** – sessions providing ideas and best practices for creating holistic learning environments, including: strategies for encouraging students regardless of ability, background, identity, or circumstance to engage meaningfully in health education; reducing barriers to participation; supporting multilingual learners; and building classroom communities that foster trust, connection, and belonging
 - ***Administration/Supervision/Leadership*** - sessions providing guidance, ideas, and best practices for individuals who mentor groups of health educators or supervise the administration of health education curriculum and services at the district or state level; as well as sessions on the administration of wellness committees and leading professional learning communities and professional learning opportunities for educators
 - ***Advocacy*** – sessions sharing ideas and best practices to influence and justify the importance of funding or policy decisions for health education programs at the federal, state, and local/district level
 - ***Curriculum Design & Assessment*** – sessions providing ideas and best practices for designing and assessing skills-based health education curricula, including curriculum design, aligning curriculum to state and/or national standards, and designing meaningful assessments to inform instruction and support student growth
 - ***Health Promotion*** – sessions providing ideas and best practices around initiatives promoting school-wide health and wellness for students, the community, and staff, including implementation of the Whole School, Whole Community, Whole Child model, as well as strategies and tools around self-care for educators
 - ***Instructional Practices*** – sessions exploring high-impact strategies for delivering content to all students, including best practices in standards-based instruction, incorporating social and emotional learning, and providing techniques that foster engaging learning environments
 - ***Educational Technology*** - sessions providing guidance, ideas, and best practices for incorporating technology into health education programs, including gamification, artificial intelligence, asynchronous learning, and social media
- **Higher Education** (to include pre-service teacher education and college/university physical activity programs)

- **Access, Belonging, & Community** - sessions highlighting best practices for creating holistic, welcoming, and supportive learning environments in higher education, as well as sessions offering strategies for preparing future educators to effectively engage all students, regardless of ability, background, identity, or circumstance, by reducing barriers to participation, supporting multilingual learners, and fostering classroom communities rooted in trust, connection, and belonging
- **Administration/Supervision/Leadership/Mentorship** – sessions providing guidance, ideas, and best practices for individuals who manage groups of faculty and staff at the collegiate level, serve in mentoring roles, or supervise teaching and doctoral candidates
- **Advocacy** - sessions sharing strategies and best practices to help future educators influence and justify the importance of funding and policy decisions related to health and physical education programs at the federal, state, and local/district level
- **Curriculum Design & Assessment** - sessions providing ideas and best practices for designing PETE/HETE standards-based teacher preparation programs, including instruction on aligning curriculum to state and/or national standards, designing meaningful assessments to inform instruction and support student growth, and providing effective student teaching opportunities
- **Instructional Practices** - sessions focusing on impactful strategies for preparing teacher candidates, including delivering PETE/HETE standards-based instruction, developing programming for student teaching, and assessment for accreditation
- **Program Recruitment & Retention** – sessions providing ideas and strategies for recruitment of future health and physical education teaching candidates, as well as how to justify the importance of physical education teacher education and health education teacher education programs
- **Educational Technology** - sessions providing guidance, ideas, and best practices for incorporating technology into physical education, teacher education, and health education programs
- **Physical Activity** (physical activity programs outside of physical education classes, including but not limited to comprehensive school physical activity programming, coaching, coaching education, and adapted physical activity)
 - **Adapted Physical Activity** – sessions sharing ideas and best practices to support students with disabilities and their participation in physical activity programs (including sport opportunities) to include adaptations and modifications
 - **Comprehensive School Physical Activity Programs** – sessions sharing strategies and best practices for implementing a variety of school-based physical activities that enable all students, school staff, and school community members to participate in moderate-to-vigorous physical activity each day through before-, during-, and after-school-based programming
 - **Coaching Education & Coaching** – sessions providing guidance to acquire and implement the knowledge and skills outlined in the National Standards for

- Sport Coaches, as well as strategies and best practices for coaching sports at all levels (K-16) in both community and school-based programs
- **Early Childhood Physical Activity** – sessions sharing ideas and best practices for providing physical activity opportunities for children ages 3 to 8
 - **Physical Education** (to include dance within PE programs and adapted physical education)
 - **Access, Belonging & Community** - sessions providing ideas and best practices for creating holistic learning environments, including: strategies for encouraging students regardless of ability, background, identity, or circumstance to engage meaningfully in physical education; reducing barriers to participation; supporting multilingual learners; and building classroom communities that foster trust, connection, and belonging
 - **Adapted Physical Education** – sessions sharing ideas and best practices to support students with disabilities in physical education programs, including adaptations and modifications, assessment, and grading, as well as transition to postsecondary services
 - **Administration/Supervision/Leadership** – sessions providing guidance, ideas, and best practices for individuals who mentor groups of physical educators, or supervise the administration of physical education curriculum and services at the district or state level; as well as sessions on the administration of wellness committees and leading professional learning communities and professional learning opportunities for educators
 - **Advocacy** - sessions sharing ideas and best practices to influence and justify the importance of funding or policy decisions for physical education programs at the federal, state, and local/district level
 - **Curriculum Design & Assessment** - sessions providing ideas and best practices for designing and assessing standards-based physical education curricula, including curriculum design, aligning curriculum to state and/or national standards, and designing meaningful assessments to inform instruction and support student growth
 - **Dance** – sessions providing ideas and best practices for teaching dance within physical education programs
 - **Instructional Practices** - sessions focusing on the delivery of standards-based instruction, offering methods in impactful learning for all students, highlighting effective instructional tactics, engaging activities, meaningful learning experiences, and student-centered learning strategies
 - **Educational Technology** - sessions providing guidance, ideas, and best practices for incorporating technology and digital resources that enhance instruction in physical education programs, including gamification, AI, data collection tools, and more

Research Abstracts:

- **Adapted Physical Education/Activity** - Scholarly inquiry related to physical activity and/or physical education for individuals with disabilities, as well as in the rehabilitation area
- **Exercise Sciences** - Scholarly inquiry related to human movement, kinesiology, exercise science, sport medicine, and health and fitness
- **Measurement & Evaluation** - Scholarly inquiry related to measurement and evaluation in physical education, exercise science, physical activity, and more, which may include a focus on statistics, performance (individual and program), etc.
- **Motivation & Psychology** - Scholarly inquiry related to motivation and psychology related to human movement, physical education, and sport
- **Motor Behavior** - Scholarly activity related to processes and mechanisms underlying motor control, learning, and development
- **Physical Activity & Health Promotion** - Scholarly inquiry examining the relationship between physical activity and health, examining how physical activity influences all aspects of health, and examining the behavioral, community, and environmental interventions that may affect physical activity on an individual and/or population basis
- **Sociocultural & Social Justice** - Scholarly inquiry related to social issues and the impact of ability, background, identity, or circumstance in sport, health, physical activity, and physical education
- **Sport & Coaching** - Scholarly inquiry related to theory and practice in sport and athletic coaching
- **Teaching & Learning** - Scholarly inquiry related to teaching and learning of health and physical education at the preK-12 and higher education levels that may include curriculum, instruction, and assessment